

Symptom Survey

We have added the Symptom Survey, which is another method of evaluating one's health status and nutritional requirements. This is accomplished through the use of a computer-based program that analyzes a person's response to a series of questions. This survey has been in use for many years, and has been recently refined and simplified by letting the computer do most of the work. Dr. Cole reviews and modifies each Survey to customize each program to maximize the benefits for each individual.

The strengths of this approach are that it is rapid, so that the test can be done and the program started on the same day. It also tends to be somewhat more economical than the Toxic Metal Screen. However, since it is symptom based, it tends to be more subjective and, if a person has few or no symptoms, it is difficult to generate a good program. On the other hand, the Toxic Metal Screen is objective, I recommend that the two tests be done either concurrently or on an alternating basis in order to provide the most accurate information and therapy. If you have any questions about these tests, please feel free to ask one of the staff members.

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