

Post-Stroke Program

The following is the recommended program to treat the after-effects of stroke. The evidence is now clear that, in most cases, a great deal of function can be salvaged. This is true even if the stroke has occurred many months before treatment is started.

1. [DMSO IV](#): this is best done immediately after the stroke. However, everyone should have at least one in their program. It helps to decrease inflammation, stabilize cell membrane function, and increase the removal of waste products.
2. [Neural Therapy](#): a process to help determine triggers for the illness and methods of treatment.
3. [Toxic Metal Screen \(TMS\)](#): to determine nutritional supplementation
4. [Supplements](#): In addition to those determined by the TMS, take the following:
 - A. Vinpocetine: 5mg twice a day
 - B. CoQ10: one a day
 - C. Phosphatidylserine: one three times a day for two weeks, then one a day
 - D. NADH: 5mg twice a day
 - E. Herbal supplement for the nerves/brain, as directed
 - F. Acetyl-L-carnitine: 1 a day
5. [Ozone Therapy](#): can be a combination of IV and rectal administration
6. [Chelation](#): helps to improve circulation and remove heavy metals
7. [Hyperbaric Oxygen Therapy](#): one of the best overall therapies, helps with detox and tissue regeneration
8. [Neurotransmitter](#)
9. [SRT](#)
10. [Cerebrolysin](#)

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