

## Post-Polio Syndrome Program

The following is the recommended program to treat. Although no definitive cause of this condition has been determined, treatment has been shown to greatly improve it.

1. Glutathione IV's: 600-1400mg given 3 times a week.
2. [Neural Therapy](#): a process to help determine triggers for the illness and methods of treatment.
3. [Toxic Metal Screen \(TMS\)](#): to determine nutritional supplementation
4. Human Growth Hormone: 2mg 3 times a week for 2 months, then increase to 4mg 3 times a week
5. Supplements: In addition to those determined by the TMS, take the following:
  - A. Alpha Lipoic Acid: one a day
  - B. N-acetyl-cysteine: one a day
  - C. Cataplex D: one a day
  - D. CoQ10: one a day
  - E. NADH: 5mg twice a day
  - F. Acetyl-L-carnitine: one a day
  - G. Creatine: 6-8 grams a day
  - H. Herbal supplement for the nerves/brain, as directed
6. [Ozone Therapy](#): can be a combination of IV and rectal administration
7. [Energy Therapy](#): to remove any energetic blocks from the system
8. [Hyperbaric Oxygen Therapy](#): one of the best overall therapies, helps with detox and tissue regeneration
9. [Ozone Steam Detox](#): helps increase detox and improves circulation
10. Vitamin IV
11. [SRT](#)
12. [UVB](#)

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