

Herpes Program

The following program can be effective in getting rid of herpes permanently. If it should recur, repeat the full program. Always do the full 10 days, even if the symptoms are better before the 10 days are up.

- Lysine
- B6
- Vitamin C
- Zinc
- Monolaurin

Other therapies that may also be effective in treating this condition are [Essential Oils](#), [SRT](#), [Ozone](#), [UVB](#), [HBOT](#), and Vitamin IV's.

[back to therapies](#)

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11974 Lebanon Road Cincinnati, OH 45241 - info@colecenter.com
Phone (800) 667-5395 or (513) 563-4321 - Fax (513) 563-3131

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